

CURRICULUM VITAE

Walter H. Schmitt, Jr., D.C., D.I.B.A.K., D.A.B.C.N.

Office: 213 Providence Road
Chapel Hill, North Carolina 27514
Tel (919) 419-9099 Fax (919) 419-9049

Date of Birth: May 7, 1948

Licenses:

State of North Carolina Chiropractic License #805

State of Michigan Chiropractic License #2728

Education:

1966-1970 Duke University, Durham, North Carolina
Degree: B.A. (Economics)

1971-1974 National College of Chiropractic, Lombard, Illinois, 1971-1974.
Degrees: B.S. (Human Biology);
D.C., Doctor of Chiropractic

1975- Charter Diplomate, International Board of Applied Kinesiology

1991- Diplomate in Chiropractic Neurology, American Board of Chiropractic Neurology

1991 Diplomate of the American Academy of Pain Management

Positions:

1973-74 Assistant Instructor - Kinesiology, National College of Chiropractic

1975-77 Postgraduate Faculty, National-Lincoln Postgraduate School of Chiropractic

1975-77 Treasurer, International College of Applied Kinesiology

1975-81 Chairman, Education Committee, International College of Applied Kinesiology

1975-79 Private Practice as associate of AK Founder George J. Goodheart, D.C., Detroit, MI

1980- Private Practice - Chapel Hill, North Carolina

1981-84 Vice Chairman, International College of Applied Kinesiology

1988 Adjunct Faculty, Logan College Postdoctoral Department. 3 session course on
"The Links Between The Nervous System and The Body Chemistry"

1989 Adjunct Faculty, Logan College Postdoctoral Department. 3 session course on
"The Links Between The Nervous System and The Body Chemistry"

2000 Director of Clinical Processes Development - Medigy, Inc.

1982 Member of Research Protocol Workshop United States Olympic Committee

1983 Member of Research Protocol Workshop United States Olympic Committee
Commission on Sports Medicine Modalities Project on Chiropractic Care of
Athletic Orthopedic Injuries

1991- Adjunct Faculty, Logan College of Chiropractic Post-doctoral Dept.

2007- Adjunct Faculty – Life University

2007- Adjunct Faculty, Texas Chiropractic College Post-doctoral Dept.

2001- Private Practice, Durham, NC

Developer & Founder - 180 hr. Quintessential Applications Clinical Protocol Course

Memberships:

1984-95 Member-at-large - Executive Board, International College of Applied
Kinesiology-USA

1992-3 Member - Research Advisory Committee - Foundation for Alternative Conservative
Therapies Research (FACTR)

1993-99 Trustee - Foundation for Alternative Conservative Therapies Research (FACTR)

1996- Editorial Review Board - *Alternative Medicine Review*

Awards:

1973-74 Elected to "Who's Who Among Students in American Colleges and Universities"

1982 Special Recognition Award - North Carolina Chiropractic Association

1985 Special Recognition Award - North Carolina Chiropractic Association

1986 Recipient of "Research Paper of the Year" Award –
International College of Applied Kinesiology

1989 Recipient of "Research Paper of the Year" Award -
International College of Applied Kinesiology

1989-2001 Editorial Review Board - *Chiropractic Technique*

1990 (January) "Clinician of the Month" - Interview in Preventive Medicine Update monthly
tape series by Dr. Jeffrey Bland

1990 Recipient of Brazilian Gold Medal of Honor - Centro de Reabilitacao Nossa Senhora
da Gloria, Rio de Janeiro. For work on behalf of brain injured children -

World Organization for Human Potential, Philadelphia.

1992 Recipient of Alan Beardall Memorial Award for Innovative Research Paper -
International College of Applied Kinesiology

2005-06 Recipient of "Research Paper of the Year" Award - International College of
Applied Kinesiology

2007 Recipient of Statuette with Pedastal with Award - For work on behalf of brain injured
children - World Organization for Human Potential, Philadelphia.

Publications (Refereed Journal Papers):

Schmitt WH, Leisman G. Correlation of applied kinesiology muscle testing findings with serum immunoglobulin levels for food allergies. *International Journal of Neuroscience*. 1998, 96:237-244.

Schmitt WH, Yanuck S. Expanding the neurological examination using functional neurological assessment part 2: neurologic basis of applied kinesiology. *International Journal of Neuroscience*. 1999, 97:77-108.

Schmitt WH, Cuthbert SC: Common Errors and Clinical Guidelines for Manual Muscle Testing: "The Arm Test" and Other Inaccurate Procedures. *J Chiropractic & Osteopathy* 2008, 16:16. <http://www.chiroandosteo.com/content/16/1/16>

Publications (Trade Journal Articles):

"The Relationship of Structural Imbalance and Nutritional Absorption", *ACA Journal* 11:4, April, 1974. p. S-50.

"The Chiropractic Clinician" ('Frozen Shoulder Syndrome'), *ACA Journal* 12:10, October, 1975. p. 24.

"The Vertebral Challenge", *Digest of Chiropractic Economics* 18:6, May-June, 1976. p. 24.

"One Common Cause of Recurrent Foot Subluxations", *Digest of Chiropractic Economics* 19:6, May-June, 1977. p. 28

"Cranial Technique: A Clarification of Certain Principles", *Digest Of Chiropractic Economics* 20:3, November-December, 1977. p. 26. (co-authored with George J. Goodheart, D.C.)

"Vertebral Fixations Which Mask Other Faults", *Digest of Chiropractic Economics* 21:1, July-August, 1978. p. 62. Also in *Louisiana Journal of Chiropractic* 5:1, August-September, 1980.

"Applied Kinesiology Diagnosis and Treatment of Emotional Stress Overload", *Journal of Energy Medicine* 1:1, Spring, 1980. (co-authored with George J. Goodheart, D.C.)

"The Ligament Stretch - Adrenal Stress Syndrome: Summary of Clinical Investigation", *Louisiana Journal of Chiropractic* 5:3, January, 1981.

"Iron, Vitamin B-12, and Folic Acid: A Correlation of Laboratory and A.K. Findings", *Digest of Chiropractic Economics* 24:5, March-April, 1982. p. 40.

"Gall Bladder Pain", *Digest of Chiropractic Economics* 24:6, May-June, 1982. p. 14.

"A Whole Body Look at the Correction of TMJ Dysfunction", *North Carolina Dental Gazette* 4:6, November-December, 1982. p. 10 (co-authored with Jerold I. Morantz, D.C.)

"The Psoas Sitting Test: Key to Hidden Lumbosacral Problems", *Digest of Chiropractic Economics* 25:2, September-October, 1983. p. 10.

"History of Applied Kinesiology" *The American Chiropractor* 1984 (co-authored with John F. Thie, D.C.)

"Applied Kinesiological Observations of Allergic Patients - Part I", *Digest of Chiropractic Economics* 27:1, July-August, 1984

Economics 27:1, July-August, 1984.
"Part II", Digest of Chiropractic Economics 27:2, September-October, 1984.

"Fundamentals of Essential Fatty Acid Metabolism - Part I" Digest of Chiropractic Economics 28:1, July-August, 1985. p. 38

"Fundamentals of Essential Fatty Acid Metabolism - Part II" Digest of Chiropractic Economics 28:2, September-October, 1985

"The Use of Phonocardiography in the Identification of Functional Problems - Part I" Digest of Chiropractic Economics 29:4, January-February, 1987. p. 46.

"The Use of Phonocardiography in the Identification of Functional Problems - Part II" Digest of Chiropractic Economics 29:5, March-April, 1987. p. 26.

"But What If There's No Water In The Hose", Digest of Chiropractic Economics 29:6, May-June, 1987. p. 14.

"Clinician of the Month" interview - Jeffrey Bland's "Preventive Medicine Update" Monthly Research Tape 9:1, January, 1990.

"The clorox test: a screening test for free radical pathology", parts I and II. Digest of Chiropractic Economics 30:2, September-October, 1987, and 30:3, November-December, 1987.

"Molybdenum for candida albicans patients and other problems", Digest of Chiropractic Economics 31:4, January-February, 1991. pp. 56-63.

"Set Point Technique", Digest of Chiropractic Economics 34:4, January-February, 1992. pp. 52-56. (co-authored with Michael Lebowitz, D.C.)

"Letter" (viscerosomatic and somatovisceral pathways), AK Review 1:1, Fall, 1990 p. 3.

"What to do when aspirin helps the patient", The American Chiropractor, March-April, 1994. pp. 20-25.

"Applied kinesiology procedures demonstrated in laboratory study", The American Chiropractor 17(1) January/February, 1995. p. 37.

"The liver, adrenals, joints, and sulfate", The American Chiropractor 17(2) March/April, 1995. pp. 8-11.

"Neurophysiological study supports applied kinesiology procedures", Journal of the American Chiropractic Association 32(3) March, 1995. pp. 47-48.

"Get These Out of Your Family's Kitchen" Chiropractic Journal of North Carolina, Nov/Dec 1995;78(6):26-29.
also republished in Journal of the Nutrition Council of the American Chiropractic Association, October, 1996.

"Applied Kinesiology Supported" Chiropractic Journal of North Carolina, Fall, 1997;80(1):24

"A Private Account of My Good Morning America Interview" *Chiropractic Economics*, June, 1998;40(8):42-47.

"Hands-on Pain Relief From Stop Your Pain Now! - Part 1, Nociceptor Stimulation-Blocking (NSB) Technique for Acute Pain Relief," Schmitt, WH and McCord, KM, *Florida Chiropractic*

“What To Do First, Next and Last - An Introduction to Quintessential Applications”, Schmitt, WH and McCord, KM, *Florida Chiropractic Association, Inc. Journal*, Oct/Nov/Dec 2009, pp. 18-20.

“Hands-on Pain Relief From Stop Your Pain Now! - Part 2, Location, Quality, Memory of the Pain (LQM) Technique for Chronic Pain Relief”, Schmitt, WH and McCord, KM, *Florida Chiropractic Association, Inc. Journal*, Jan/Feb/Mar 2010, pp. 20-24.

“Quintessential Applications: A(K) Clinical Protocol - The Evolution of a Neurological & Biochemical Hierarchy Part 1” McCord, KM and Schmitt, WH, *Florida Chiropractic Association, Inc. Journal* Oct/Nov/Dec 2010, pp. 20-26.

Publications (Books) - Sole Author:

Compiled Notes on Clinical Nutritional Products, Second Edition. David Barmore Publishers, Baldwin Place, New York. 1990. Distributed through Applied Kinesiology Study Program, 1926 Overland Drive, Chapel Hill, North Carolina 27517. 1979. (200 pages) [First edition: 1979. (72 pages)]

Common Glandular Dysfunctions in the General Practice - An Applied Kinesiological Approach, privately published and distributed through Applied Kinesiology Study Program, 1926 Overland Drive, Chapel Hill, North Carolina 27517. 1981. (155 pages)

Stop Your Pain Now! privately published and distributed through Stop Your Pain Now, LLC, Chapel Hill, NC 27517. 2000. (48 pages)

Publications (Books) - Co-Author:

McCord, Kerry M. and Schmitt, Walter H., *Quintessential Applications: A(K) Clinical Protocol*. Privately published by Healthworks!, P.O. Box 530186, St. Petersburg, FL 33747. Distributed through Applied Kinesiology Study Program, 1926 Overland Drive, Chapel Hill, North Carolina 27517. 2005. (150 pages)

McCord, Kerry M. and Schmitt, Walter H., *Quintessential Applications: A(K) Clinical Protocol*. Privately published by Healthworks!, P.O. Box 530186, St. Petersburg, FL 33747. Distributed through Applied Kinesiology Study Program, 1926 Overland Drive, Chapel Hill, North Carolina 27517. 2009 2nd Edition. (190 pages)

Publications (Books) - Contributing author:

Chapter on "Applied Kinesiology", (co-authored with George J. Goodheart, D.C.) in *Wholistic Dimensions in Healing*, edited by Leslie J. Kaslof, Doubleday and Company, Garden City, New York, 1978. p.77.

Chapter on "Assessing Nutritional Status Using Muscle Testing For Functional Neurological and Neurochemical Evaluation" in *Clinical Chemistry and Nutrition Guidebook: A Physicians Desk Reference*, edited by Russell Jaffe and Paul Yanick, Jr., privately published by EPP Publications, P.O. Box 549, Hamlin, Pa. 18427. 1988. p. 168.

Chapter on "Applied Kinesiology: Individual Assessment Using Applied Kinesiology Procedures" in *The Whole Mind - The Definitive Guide to Complementary Treatments for Mind, Mood, and Emotion*, ed by Bassman, Lynette. New World Library, Novato, CA 1998. pp. 71-82.

